

Race Date
May 03, 2015

OLMSTED SPIRIT 5K RACE / WALK and 2 MILE WALK

Age Group Results

5K RUN / WALK

Female TOP 5K FINISHERS Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Kristin Kabelen	Westlake OH	29	54	7	20:18.4	6:33/M

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OLMSTED SPIRIT 5K RACE / WALK and 2 MILE WALK

Age Group Results

5K RUN / WALK

Female No Age Provided

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Lori Summers	Olmsted Falls OH	0	8000	83	28:01.8	9:02/M

FEMALE 10 & UNDER

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	McKeely Kemock	Olmsted Twp OH	8	175	105	29:48.4	9:37/M
2 *	Emerson Long	Olmsted Twp OH	10	183	158	39:53.4	12:52/M
3 *	Katherine Klamma	Olmsted Falls OH	10	162	161	40:36.0	13:06/M

FEMALE 11 to 14

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Lauren Gumeny		14	45	24	23:05.0	7:27/M
2 *	Emma Heinrich	Columbia Station	14	49	28	23:42.6	7:39/M
3 *	Madison Sobieski	Olmsted Township	13	119	29	23:44.7	7:39/M
4	Claire Weber	Olmsted Falls OH	12	200	41	25:04.2	8:05/M
5	Brianna Henderson	North Ridgeville OH	14	167	91	28:43.3	9:16/M
6	Nora Mustafa		14	83	119	30:43.0	9:55/M
7	Mackenzie Juntunen	North Ridgeville OH	11	53	139	34:57.6	11:16/M
8	Laney Ventimiglia	Olmsted Township OH	13	134	144	35:54.9	11:35/M
9	Alanna Peltz		13	93	150	37:58.2	12:15/M
10	Alexis Chrise		13	19	151	38:41.0	12:29/M
11	Samantha Backus	Olmsted Falls OH	11	185	157	39:46.2	12:50/M
12	Olivia Wilson	Olmsted Falls	13	147	169	49:06.5	15:50/M

FEMALE 15 to 19

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Liz Neudeck	Olmsted Township OH	18	182	15	21:36.3	6:58/M
2 *	Kellie Garrity	Olmsted Falls OH	16	186	33	24:18.0	7:50/M
3 *	Abigail Clark	Olmsted Twp	15	22	57	26:29.2	8:33/M
4	Natalie Partin	OLMSTED TWP OH	15	92	141	35:41.6	11:31/M

FEMALE 20 to 24

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Neima Yunis		23	150	120	30:50.9	9:57/M
2 *	Kristen Szutkowski		23	129	145	36:23.7	11:44/M

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5K RUN / WALK

FEMALE 20 to 24

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
3	* Jenna Moorehead		24	78	147	36:38.2	11:49/M
4	Anwar Mustafa		23	82	148	36:38.4	11:49/M

FEMALE 25 to 29

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	* Rachel thayer		29	130	58	26:29.5	8:33/M
2	* Rachele Strycharz	Elyria OH	27	155	85	28:23.7	9:09/M
3	* Stephanie Stefano	Broadview Heights	25	122	88	28:39.8	9:15/M
4	Addie Emerine	North Ridgeville	28	28	108	29:53.4	9:38/M
5	Valerie Weimer	Mayfield Hts	25	141	113	30:09.2	9:44/M
6	CATHERINE WHEELAND	BURBANK	27	142	133	33:33.5	10:49/M
7	Marie Schmidt	Olmsted Falls OH	28	107	140	35:00.9	11:17/M
8	Amanda Poropat		26	94	146	36:29.7	11:46/M
9	Cassandra Blase	Olmsted Falls	29	12	170	49:06.8	15:50/M

FEMALE 30 to 34

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	* Lisa Kasler	Olmsted Falls OH	34	56	23	22:43.3	7:20/M
2	* Serena Lamanna	Olmsted township	31	176	82	27:56.7	9:01/M
3	* Erin Watson	Olmsted Falls	30	139	92	28:43.9	9:16/M
4	Andrea Porte	Cleveland	32	95	114	30:09.9	9:44/M
5	Amanda Marsco	Middleburg Heights	32	73	116	30:20.0	9:47/M
6	Amal Mustafa		30	81	121	30:58.0	9:59/M
7	Brittany Rich	Olmsted Falls	31	101	152	38:57.9	12:34/M
8	Kim Baron	North Royalton	31	9	155	39:29.3	12:44/M

FEMALE 35 to 39

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	* Michelle Swislocki	Rocky River OH	36	127	71	27:12.0	8:46/M
2	* Diane Chernisky	Olmsted Falls OH	38	17	95	28:51.4	9:18/M
3	* Erin Ondercin	cleveland	38	87	123	31:19.5	10:06/M
4	Rebecca Atkins	Olmsted Falls	35	5	130	32:58.6	10:38/M
5	Therese Lynch		37	68	162	40:40.2	13:07/M
6	Tammy Bunnell	NORTH ROYALTON	36	16	167	46:10.2	14:54/M
7	Julie Bolasevich		39	15	168	46:31.9	15:00/M

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Age Group Results

5K RUN / WALK

FEMALE 40 to 44

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Tamira Kennedy	Olmsted Twp OH	40	59	78	27:35.9	8:54/M
2 *	Lauri Roberto	Olmsted Township	43	103	81	27:43.7	8:56/M
3 *	Kristen Sobieski	Olmsted Township	41	118	87	28:29.6	9:11/M
4	Stephanie Katsaras		42	57	98	29:10.0	9:25/M
5	Kelly Atkins	Olmsted Township	43	6	110	30:02.1	9:41/M
6	Joanie Gedeon	Olmsted Township	43	35	128	32:17.1	10:25/M
7	Amy Fontana	Olmsted Twp OH	44	158	149	36:38.7	11:49/M
8	Pam Ventimiglia	Olmsted Township OH	43	135	153	38:58.3	12:34/M
9	Tami Klammer	Olmsted Falls OH	41	161	160	40:24.9	13:02/M
10	Hollie Slusarczyk	Olmsted Township	44	115	166	42:37.3	13:45/M

FEMALE 45 to 49

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Lynne White	Olmsted Falls	45	143	22	22:42.4	7:19/M
2 *	Maria Rhea	Olmsted Township	47	100	42	25:13.9	8:08/M
3 *	Anna Henderson	North Ridgeville OH	45	164	127	31:59.2	10:19/M
4	Julie Partin	OLMSTED TWP OH	46	91	142	35:42.8	11:31/M
5	Lori Long	Olmsted Twp OH	45	184	143	35:54.3	11:35/M
6	Michelle Christian	North Ridgeville OH	48	20	156	39:29.7	12:44/M
7	Jacqueline Stanton	Olmsted Falls OH	49	203	171	50:03.5	16:09/M

FEMALE 50 to 54

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Mickey Mencin	Olmsted Falls OH	53	196	136	34:51.2	11:15/M
2 *	Karen Malek	Medina	52	70	164	42:22.8	13:40/M
3 *	Constance O'Donnell		50	85	172	52:26.2	16:55/M

FEMALE 55 to 59

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Maureen Sandrey-Ortiz	Olmsted Falls OH	57	193	126	31:46.8	10:15/M

FEMALE 60 to 64

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Dianne Zrenner	Olmsted Township OH	61	153	129	32:19.9	10:25/M

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Age Group Results

5K RUN / WALK

FEMALE 65 to 69

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Jeanne Sikorski	N. Ridgeville	69	112	125	31:32.2	10:10/M

FEMALE 70 & OVER

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Luise Easton	Olmsted Falls OH	76	192	165	42:23.9	13:40/M

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Age Group Results

5K RUN / WALK

Male TOP 5K FINISHERS Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Andy Rusnak	North Olmsted OHIO	27	178	1	18:09.8	5:51/M

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Age Group Results

5K RUN / WALK

MALE 10 & UNDER

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Zachary Yako	Olmsted Falls	10	149	21	22:25.7	7:14/M
2 *	Noah Sobieski	Olmsted Township	10	121	72	27:15.4	8:47/M
3 *	Jackson Stump	Olmsted Twp OH	8	126	96	28:59.0	9:21/M
4	Sam Padrutt	Olmsted Falls	9	90	103	29:36.7	9:33/M
5	Sam Cox	Olmsted Twp	7	26	124	31:23.3	10:07/M
6	Luke Ventimiglia	Olmsted Township	9	136	154	39:18.0	12:41/M

MALE 11 to 14

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Andrew Gluvna	Olmsted Twp	14	41	8	20:26.2	6:35/M
2 *	aidan fox	North Olmsted OH	11	34	11	21:05.2	6:48/M
3 *	Hani Yunis		13	151	13	21:18.4	6:52/M
4	Griffin Purdy	Olmsted Falls	14	97	18	21:51.3	7:03/M
5	John Munoz		13	80	19	21:51.6	7:03/M
6	Ethan Csuri	Olmsted Falls OH	13	169	36	24:25.9	7:53/M
7	Brendan Csire		14	177	43	25:14.8	8:08/M
8	Alex Smearman	Middleburg Heights	13	116	48	25:41.9	8:17/M
9	Alex Ade	Olmsted Falls	13	2	56	26:20.0	8:30/M
10	Alister White		12	146	59	26:29.7	8:33/M
11	Connor White		14	145	62	26:38.3	8:35/M
12	Max Fontana	Olmsted Twp OH	12	156	64	26:45.4	8:38/M
13	Ryan Riegler	Olmsted Falls OH	13	102	65	26:45.7	8:38/M
14	Luke Bly	North Royalton OH	12	14	67	26:57.6	8:42/M
15	Ryan Walston	OLMSTED FALLS	14	137	73	27:24.1	8:50/M
16	Jaden Tran		11	132	76	27:26.8	8:51/M
17	Paul Kulaga	Olmsted Twp	11	63	90	28:40.5	9:15/M
18	Jonathan Gedeon	Olmsted Township	12	36	101	29:20.7	9:28/M
19	Justin Andrews	Olmsted Falls OH	13	171	112	30:07.3	9:43/M
20	Camden Chernisky	Olmsted Falls	14	18	135	34:29.6	11:07/M
21	Deala Moammed		11	429	159	40:24.3	13:02/M

MALE 15 to 19

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Brian Grove	Olmsted Twp. OH	15	43	14	21:25.5	6:55/M
2 *	Sam Weber	Olmsted Falls OH	15	202	16	21:38.5	6:59/M
3 *	Alex Kho	Olmsted Falls OH	16	60	20	22:09.8	7:09/M
4	Tyler Bowman	Olmsted Twp OH	18	190	38	24:47.6	8:00/M
5	Derek Meadows	Olmsted Falls OH	19	165	60	26:31.2	8:33/M

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5K RUN / WALK

MALE 15 to 19

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
6	Philip Hathcock	Brunswick	17	48	68	26:58.9	8:42/M
7	Sam Fontana	Olmsted Twp OH	15	157	94	28:45.6	9:16/M

MALE 20 to 24

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	timmy adkins		24	3	6	20:13.6	6:31/M
2 *	Don Henderson	North Ridgeville OH	21	163	9	20:40.6	6:40/M
3 *	Connor Gluvna	Olmsted twp	21	40	61	26:35.2	8:35/M
4	Derrick Hamilton	Columbia Station OH	23	191	134	34:05.2	11:00/M
5	Casey Arendec	Olmsted Falls OH	21	188	138	34:54.8	11:15/M

MALE 25 to 29

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	MIKE SSKO	OLMSTED TWP OH	25	113	2	18:42.6	6:02/M
2 *	Mike Jurcak	Cuyahoga Falls OH	27	160	4	19:55.6	6:25/M
3 *	Adam Rockhold		28	105	32	24:07.5	7:47/M
4	Bryan Seitz	Olmsted Twp	29	110	50	25:44.1	8:18/M
5	Zach Turkal	Brunswick	27	133	52	25:47.5	8:19/M
6	Cory Emerine	North Ridgeville	27	29	80	27:41.1	8:56/M
7	Eric Stefano	Broadview Heights	27	123	89	28:40.2	9:15/M
8	Michael Porte	Cleveland	28	96	111	30:03.0	9:42/M
9	Austin Zrenner	Berea OH	29	154	118	30:41.2	9:54/M

MALE 30 to 34

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Jordan Eaton	Cleveland	31	27	3	18:53.1	6:05/M
2 *	Thomas Nebesar	Cleveland	31	84	5	20:02.4	6:28/M
3 *	Dustin Thomas	cleveland	34	131	45	25:22.6	8:11/M
4	Jake Schober	Olmsted Falls	31	108	75	27:26.5	8:51/M
5	John Zacharyasz	Olmsted Falls	30	152	137	34:51.8	11:15/M

MALE 35 to 39

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Scott Bly	North Royalton OH	38	13	25	23:23.1	7:33/M

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5K RUN / WALK

MALE 35 to 39

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2	* Garry Grant	Olmsted Falls	39	42	27	23:40.4	7:38/M
3	* Jeff Mendeluk	North Royalton	38	77	49	25:43.6	8:18/M
4	Jim Swislocki	Rocky River	37	128	55	26:15.2	8:28/M
5	Mario Sandora	BrookPark	39	106	79	27:37.7	8:55/M
6	Bill Mallory	Olmsted Falls	39	71	84	28:02.1	9:03/M
7	David Stump	Olmsted Twp OH	35	125	97	29:09.2	9:24/M
8	Darth Vader		37	179	104	29:45.9	9:36/M
9	Joseph Bartal	Olmsted Falls	36	10	109	29:57.0	9:40/M
10	Kevin Atkins	Olmsted Falls	37	7	122	31:00.1	10:00/M
11	Jimm Lynch		37	69	163	40:41.2	13:07/M

MALE 40 to 44

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	* Carmelo Sapio	Berea OH	40	194	30	23:45.3	7:40/M
2	* Joseph Gumeny		44	46	31	24:04.2	7:46/M
3	* Russ Strycharz	Elyria	44	124	35	24:23.7	7:52/M
4	Joe Weber	Olmsted Falls OH	44	201	39	24:49.7	8:00/M
5	Michael Kulaga	Olmsted Twp	44	64	46	25:28.5	8:13/M
6	Dave Giuliano Giuliano	Brunswick	43	38	69	27:02.1	8:43/M
7	mark fortini		44	33	173	52:26.6	16:55/M

MALE 45 to 49

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	* Jeffrey Sobieski	Olmsted Township	46	120	12	21:07.1	6:49/M
2	* Scott Walston	OLMSTED FALLS	45	138	40	24:53.3	8:02/M
3	* Ron White		48	144	44	25:16.9	8:09/M
4	Geoff Purdy	Olmsted Falls	46	98	47	25:36.0	8:15/M
5	Bobby Meadows	Olmsted Falls OH	46	166	70	27:05.6	8:44/M
6	Abe Jaffee		46	52	77	27:27.1	8:51/M
7	Jim Gluvna		47	39	100	29:11.2	9:25/M
8	Chris Kemock	Olmsted Twp OH	46	174	106	29:48.9	9:37/M
9	Bob Csuri	Olmsted Falls OH	45	168	117	30:33.9	9:51/M
10	Scott Duhaime	Olmsted TWP	46	25	132	33:16.4	10:44/M

MALE 50 to 54

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
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MALE 50 to 54

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Matthew Englehart	Olmsted Township	50	30	10	20:44.9	6:41/M
2 *	Tom Gibeaut	Olmsted Falls OH	52	37	17	21:50.1	7:03/M
3 *	Thomas Morgan	Olmsted Twp	52	79	26	23:27.4	7:34/M
4	Bob Kretschmer	North Ridgeville OH	54	195	34	24:20.9	7:51/M
5	Scott Grove	Olmsted Twp. OH	54	44	53	25:53.7	8:21/M
6	Tom Yako	Olmsted Falls	51	148	63	26:44.3	8:37/M
7	BRYANT BAY	NORTH RIDGEVILLE	53	187	131	33:02.0	10:39/M

MALE 55 to 59

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Mark Immormino	Gates Mills OH	58	51	37	24:41.5	7:58/M
2 *	Chuck Bianca		56	11	51	25:47.1	8:19/M
3 *	Jerry Hansen	North Ridgeville OH	55	47	74	27:24.6	8:50/M
4	James McConville	Cleveland	55	74	86	28:26.8	9:10/M

MALE 60 to 64

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	colin mander	olmsted twp	64	72	54	26:07.4	8:25/M
2 *	James Skala	North Olmsted	63	114	66	26:48.0	8:39/M
3 *	Robert Ballinger	Olmsted Falls	64	8	93	28:44.5	9:16/M
4	Tom Oravec	Olmsted Twp	62	89	115	30:19.6	9:47/M

MALE 65 to 69

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	JOHN HERMAN	Brook Park OH	65	50	107	29:52.6	9:38/M

MALE 70 & OVER

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Terry Wandt	Strongsville OH	70	159	99	29:10.5	9:25/M
2 *	Lawrence Rauscheder	Olmsted Falls	72	99	102	29:26.1	9:30/M